

HELLO, I AM

Becky Tresham



ABOUT ME

Hi, my name is Becky. I am a Year 2 Student Occupational Therapist at McMaster University. I did my undergraduate degree at Georgia State University in Atlanta, Georgia where I studied Exercise Science. I am excited to work alongside CAPA and to have an opportunity to learn more about arthritis!

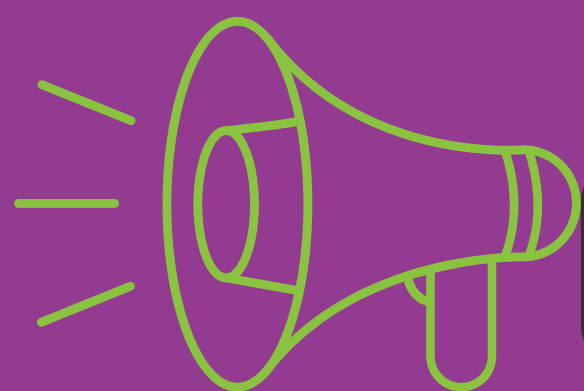
ABOUT ME

Hey I'm Megan. Like Becky, I am also a Year 2 Student Occupational Therapist at McMaster University. My undergraduate degree was done here at McMaster in behavioural science. I am thrilled to be part of the CAPA community and look forward to gaining knowledge and insight about arthritis.

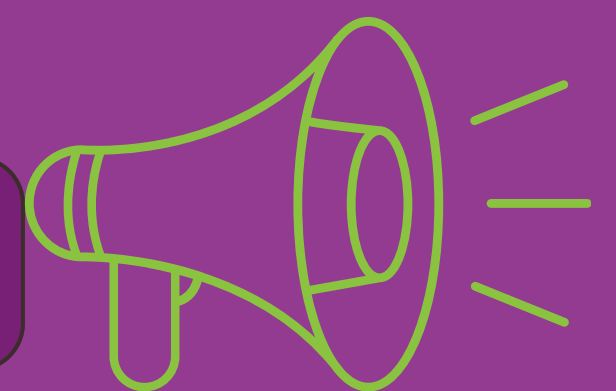


HELLO, I AM

Megan Neufeld



WE NEED YOUR HELP



We have teamed up with CAPA for our evidence-based project. Our research is about discovering what types of devices or strategies individuals with arthritis use on a day-to-day basis to navigate self-care, productivity, and leisure. The purpose of this study is to spread knowledge across the arthritis community about helpful assistive devices and promote more research in this area. In the next couple of weeks, we will be posting a mini poll link to learn more about what types of tools or life hacks you use to manage arthritis and your daily activities. All respondents will remain anonymous and have the chance to receive compensation for their time.